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FOR THE ATHLETIC TRAINER

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Role Delineation Study/Practice Analysis, Sixth Edition (RD/PA6) Comparison to Role Delineation Study, Fifth Edition (RD5)

This outlines what changed and what remained the same when comparing RD5 to RD/PA6.

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Domain		Title	Description
1		Injury/illness prevention and wellness protection	Educating participants and managing risk for safe performance and function.
RD5 Task	RD/PA6 Task	Description	
0101	0101	Minimize risk of injury and illness of individuals and groups impacted by or involved in a specific activity through awareness, education, and intervention.	
0102-0104	0102	Interpret individual and group pre-participation and other relevant screening information (e.g., verbal, observed, written) in accordance with accepted and applicable guidelines to minimize the risk of injury and illness.	
0105	0103	Identify and educate individual(s) and groups through appropriate communication methods (e.g., verbal, written) about the appropriate use of personal equipment (e.g., clothing, shoes, protective gear, and braces) by following accepted procedures and guidelines.	
0106	0104	Maintain physical activity, clinical treatment, and rehabilitation areas by complying with regulatory standards to minimize the risk of injury and illness.	
0107	0105	Monitor environmental conditions (e.g., weather, surfaces, client work-setting) using appropriate methods and guidelines to facilitate individual and group safety.	
0108	0106	Maintain or improve physical conditioning for the individual or group by designing and implementing programs (e.g., strength, flexibility, CV fitness) to minimize the risk of injury and illness.	
0109	0107	Promote healthy lifestyle behaviors using appropriate education and communication strategies to enhance wellness and minimize the risk of injury and illness.	

Domain		Title	Description
2		Clinical evaluation and diagnosis	Implementing standard evaluation techniques and formulating a clinical impression for the determination of a course of action.
RD5 Task	RD/PA6 Task	Description	
0201	0201	Obtain an individual's history through observation, interview, and/or review of relevant records to assess current or potential injury, illness, or health-related condition.	
0202 & 0203	0202	Examine by appropriate visual and palpation techniques the involved area(s) of an individual's body to determine the type and extent of the injury, illness, or health related condition.	
0204	0203	Examine by appropriate and specific tests (e.g., ROM, special tests, neurological tests) the involved area(s) of an individual's body to determine the type and extent of the injury, illness, or health-related condition.	
0205	0204	Formulate a clinical diagnosis by interpreting the signs, symptoms, and predisposing factors of the injury, illness, or health-related condition to determine the appropriate course of action.	
0206 & 0207	0205	Educate the appropriate individual(s) about the clinical evaluation by communicating information about the current or potential injury, illness, or health-related condition to encourage compliance with recommended care.	
Domain		Title	Description
3		Immediate and emergency care	Employing standard care procedures and communicating outcomes for efficient and appropriate care of the injured.
RD5 Task	RD/PA6 Task	Description	
0304	0301	Coordinate care of individual(s) through appropriate communication (e.g., verbal, written, demonstrative) of assessment findings to pertinent individual(s).	
0301 & 0302	0302	Apply the appropriate immediate and emergency care procedures to prevent the exacerbation of non-life-threatening and life-threatening health conditions to reduce the risk factors for morbidity and mortality.	
0303	0303	Implement appropriate referral strategies, which stabilize and/or prevent exacerbation of the condition(s), to facilitate the timely transfer of care for conditions beyond the scope of practice of the Athletic Trainer.	
0305 & 0501	0304	Demonstrate how to implement and direct immediate care strategies (e.g., first aid, Emergency Action Plan) using established communication and administrative practices to provide effective care.	

Domain		Title	Description
4		Treatment and rehabilitation	Reconditioning participants for optimal performance and function.
RD5 Task	RD/PA6 Task	Description	
0402	0401	Administer therapeutic and conditioning exercise(s) using appropriate techniques and procedures in order to aid recovery and restoration of function.	
0401	0402	Administer therapeutic modalities (e.g., electromagnetic, manual, mechanical) using appropriate techniques and procedures based on the individual's phase of recovery to restore functioning.	
0403	0403	Apply braces, splints, or other assistive devices according to appropriate practices in order to facilitate injury protection to achieve optimal functioning for the individual.	
0404	0404	Administer treatment for injury, illness, and/or health-related conditions using appropriate methods to facilitate injury protection, recovery, and/or optimal functioning for individual(s).	
0405	0405	Reassess the status of injuries, illnesses, and/or conditions using appropriate techniques and documentation strategies to determine appropriate treatment, rehabilitation, and/or reconditioning and to evaluate readiness to return to a desired level of activity.	
0406 & 0407	0406	Provide guidance and/or referral to specialist for individual(s) and groups through appropriate communication strategies (e.g., oral and education materials) to restore an individual(s) optimal functioning.	
Domain		Title	Description
5		Organizational and professional health and well-being	Understanding and adhering to approved organizational and professional practices and guidelines to ensure individual and organizational well-being.
RD5 Task	RD/PA6 Task	Description	
0502-0504	0501	Apply basic internal business functions (e.g., business planning, financial operations, staffing) to support individual and organizational growth and development.	
0603	0502	Apply basic external business functions (e.g., marketing and public relations) to support organizational sustainability, growth, and development.	
0505	0503	Maintain records and documentation that comply with organizational, association, and regulatory standards to provide quality of care and to enable internal surveillance for program validation and evidence-based interventions.	
0305, 0503 & 0504	0504	Demonstrate appropriate planning for coordination of resources (e.g., personnel, equipment, liability, scope of service) in event medical management and emergency action plans.	
0601 & 0602	0505	Demonstrate an understanding of statutory and regulatory provisions and professional standards of the practice of Athletic Training in order to provide for the safety and welfare of individual(s) and groups.	
0506	0506	Develop a support/referral process for interventions to address unhealthy lifestyle behaviors.	