

# EXAM REFERENCES

## 2019-2020

The reference list below represents the materials used to support exam items during the 2019-2020 exam year (April to February), as determined by the subject matter experts of the BOC Exam Development Committee (EDC). Every item is referenced twice to ensure a consensus exists on each item. Please note that a specific “edition” and “year” for each reference is not included in the list for the purpose of simplification. During the exam development process, the BOC uses the most current edition of a reference when constructing items.

*Administrative Topics in Athletic Training Concepts to Practice.* Harrelson, G.L., Gardner, G. & Winterstein, A. Thorofare, NJ: SLACK Inc.

*Advanced Fitness Assessment and Exercise Prescription.* Heyward, V.H. & Gibson, A.L. Champaign, IL: Human Kinetics.

*Athletic Training and Sports Medicine: An Integrated Approach.* Starkey, C. Burlington, MA: Jones & Bartlett Learning.

*Atlas of Human Anatomy.* Netter, F.H. Philadelphia, PA: Elsevier.

*Clinical Exercise Electrocardiography.* Levine, S., Coyne, B.J. & Colvin, L.C. Burlington, MA: Jones & Bartlett Learning.

*Clinical Exercise Physiology.* Ehrman, J., Gordon, P., Visich, P. & Keteyian, S. Champaign, IL: Human Kinetics.

*Clinical Pathology for Athletic Trainers Recognizing Systemic Disease.* O’ Conner, D.P. & Fincher, A.L. Thorofare, NJ: SLACK Inc.

*Clinical Procedures for Medical Assistants.* Bonewit-West, K. Philadelphia, PA: Elsevier.

*Concepts of Athletic Training.* Pfeiffer, R.P., Magnus, B.C. & Trowbridge, C.A. Burlington, MA: Jones & Bartlett Learning.

*Daniels and Worthingham’s Muscle Testing.* Hislop, H.J., Avers, D. & Brown, M. Philadelphia, PA: Elsevier.

*Documentation for Athletic Training.* Konin, J. & Thompson, M. Thorofare, NJ: SLACK Inc.

*Emergency Management for Sport and Physical Activity.* Casa, D.J. & Stearns, R.L. Burlington, MA: Jones & Bartlett Learning.

*Emergency Response Management for the Athletic Trainers.* Miller, M.G. & Berry, D.C. Philadelphia, PA: Wolters Kluwer.

*Essentials of Strength Training and Conditioning.* Haff, G.G. & Triplett, N.T. Champaign, IL: Human Kinetics.

*Evidence into Practice Integrating Judgement, Values, and Research.* Hack, L.M. & Gwyer, J. Philadelphia, PA: F.A. Davis.

*Evidence-Based Practice in Athletic Training.* Raab, S. & Craig, D. Champaign, IL: Human Kinetics.

# BOC EXAM REFERENCES

*Examination of Musculoskeletal Injuries.* Shultz, S.J., Houglum, P.A. & Perrin, D.H. Champaign, IL: Human Kinetics.

*Examination of Orthopedic & Athletic Injuries.* Starkey, C. & Brown, S.D. Philadelphia, PA: F.A. Davis.

*Ferri's Practical Guide: Fast Facts for Patient Care.* Ferri, F.F. Philadelphia, PA: Elsevier.

*First Aid, CPR, and AED Essentials.* American Academy of Orthopedic Surgeons. Burlington, MA: Jones & Bartlett Learning.

*Foundations of Athletic Training Prevention, Assessment, and Management.* Anderson, M.K. Philadelphia, PA: Wolters Kluwer.

*Foundations of Sport and Exercise Psychology.* Weinberg, R.S. & Gould, D. Champaign, IL: Human Kinetics.

*Handbook of Neurological Sports Medicine Concussion and Other Nervous System Injuries in the Athlete.* Petraglia, A.L., Bailes, J.E. & Day, A.L. Champaign, IL: Human Kinetics.

*Health Care Finance and the Mechanics of Insurance and Reimbursement.* Harrington, M.K. Burlington, MA: Jones & Bartlett Learning.

*Human Resource Management in Health Care Principles and Practice.* Fallon, L.F. Jr. & McConnell, C.R. Burlington, MA: Jones & Bartlett Learning.

*Leadership and Management in Athletic Training: An Integrated Approach.* Kutz, M. Burlington, MA: Jones & Bartlett Learning.

*Legal and Ethical Issues for Health Professions.* McTeigue, J. & Lee, C. Philadelphia, PA: Elsevier.

*Legal Aspects of Health Care Administration.* Pozgar, G.D. Burlington, MA: Jones & Bartlett Learning.

*Management Strategies in Athletic Training.* Konin, J. & Ray, R. Champaign, IL: Human Kinetics.

*Manual of Structural Kinesiology.* Floyd, R.T. Boston, MA: McGraw-Hill.

*Measurement and Evaluation in Human Performance.* Morrow, J.R., Kang, M., Disch, J.G. & Mood, D.P. Champaign, IL: Human Kinetics.

*Medical Conditions in the Athlete.* Walsh-Flanagan, K. & Cuppett, M. Champaign, IL: Human Kinetics.

*Medical Terminology Simplified.* Gyls, B.A. & Masters, R.M. Philadelphia, PA: F.A. Davis.

*Michlovitz's Modalities for Therapeutic Intervention.* Bellew, J., Michlovitz, S. & Nolan, T. Jr. Philadelphia, PA: F.A. Davis.

*Muscle and Sensory Testing.* Reese, N.B. Philadelphia, PA: Elsevier.

*Nancy Clark's Sports Nutrition Guidebook.* Clark, N. Champaign, IL: Human Kinetics.

*Orthopedic Physical Assessment.* Magee, D.J. Philadelphia, PA: Elsevier.

*Orthopedic Taping, Wrapping, Bracing, and Padding.* Beam, J. Philadelphia, PA: F.A. Davis.

*Pharmacology in Rehabilitation.* Ciccone, C.D. Philadelphia, PA: F.A. Davis.

# BOC EXAM REFERENCES

*Pharmacology: An Introduction.* Hitner, H. & Nagle, B. Boston, MA: McGraw-Hill.

*Postural Correction.* Johnson, J. Champaign, IL: Human Kinetics.

*Practical Guide to Exercise Physiology.* Murray, R. & Kenney, W.L. Champaign, IL: Human Kinetics.

*Preventing Sudden Death in Sport & Physical Activity.* Casa, D. & Stearns, R. Burlington, MA: Jones & Bartlett Learning.

*Principles of Athletic Training: A Guide to Evidence-Based Clinical Practice.* Prentice, W.E. Boston, MA: McGraw-Hill.

*Principles of Pharmacology for Athletic Trainers.* Houglum, J., Harrelson, G.L. & Seefeldt, T.W. Thorofare, NJ: SLACK Inc.

*Psychosocial Strategies for Athletic Training.* Granquist, M. Philadelphia, PA: F.A. Davis.

*Quick Questions in Heat-Related Illness and Hydration Expert Advice in Sports Medicine.* Lopez, R.M. Thorofare, NJ: SLACK Inc.

*Rehabilitation Techniques for Sports Medicine and Athletic Training.* Prentice, W.E. Thorofare, NJ: SLACK Inc.

*Risk Management in Healthcare Institutions.* Kavalier, F. & Alexander, R.S. Burlington, MA: Jones & Bartlett Learning.

*Running Mechanics and Gait Analysis.* Ferber, R. & Macdonald, S. Champaign, IL: Human Kinetics.

*Sport Psychology: From Theory to Practice.* Anshel, M.H. Boston, MA: Benjamin Cummings - Pearson.

*Sports Emergency Care: A Team Approach.* Rehberg, R.S. Thorofare, NJ: SLACK Inc.

*Taping, Wrapping, and Bracing for Athletic Trainers (Functional Methods for Application and Fabrication).* Grubbs, A. Thorofare, NJ: SLACK Inc.

*Textbook of Physical Diagnosis.* Swartz, M.H. Philadelphia, PA: Elsevier.

*The Health Care Manager's Human Resources Handbook.* McConnell, C.R. Burlington, MA: Jones & Bartlett Learning.

*Therapeutic Exercise : Foundations and Techniques.* Colby, L., Kisner, C. & Borstad, J. Philadelphia, PA: F.A. Davis.

*Therapeutic Exercise for Musculoskeletal Injuries.* Houglum, P.A. Champaign, IL: Human Kinetics.

*Therapeutic Exercise: From Theory to Practice.* Higgins, M. Philadelphia, PA: F.A. Davis.

*Therapeutic Modalities.* Starkey, C. Philadelphia, PA: F.A. Davis.

*Therapeutic Modalities for Musculoskeletal Injuries.* Denegar, C.R., Saliba, E. & Saliba, S. Champaign, IL: Human Kinetics.

*Therapeutic Modalities in Rehabilitation.* Prentice, W.E. Boston, MA: McGraw-Hill.

*Trail Guide to the Body.* Biel, A. Boulder, CO: Books of Discovery.