Evidence Based Practice and Evidence Based Continuing Education

What is evidence-based practice (EBP)? Why should I, as a BOC Approved Provider, be aware of evidence-based continuing education (EBP-CE)?

According to continuingEDUCATION.com, EBP is a conscientious, problem-solving approach to clinical practice that incorporates the best evidence from well-designed studies, patient values and preferences, and a clinician's expertise in making decisions about a patient's care.

In an article found on the American Speech-Language Hearing Association (ASHA) website, attending EBP-CE sessions benefit the participant by providing:

- the "why" of content and make the implications for practice obvious,
- discussion of the degree of evidence that is available to guide practice,
- references for all content and clinical recommendations, and
- evidence for clinical recommendations that are ethically supportable

At the end of an EBP-CE session, the participant possesses a wealth of information that can be immediately applied to his or her practice.

Are the courses you offer based on evidence and presented in a way that athletic trainers can apply what they learn to their practice? To learn more about EBP and EBP-CE, please visit the following resources:

http://www.continuingeducation.com/Aspx/ebp.aspx
http://main.uab.edu/ppc/show.asp?durki=89687
http://www.asha.org/ce/for-providers/EBCETutorialIntro/
http://www.asha.org/CE/for-providers/Evidence-Based-Practice-CE-Providers/
Letter from the Provider Relations Coordinator

Dear BOC Approved Providers,

This year has been busy, as I am sure many of you can relate. The BOC is excited to announce the following items:

- One common CE reporting cycle for Certified Athletic Trainers (ATs) and an easier CE entry process
- New polished look for the BOC logo, BOC Approved Provider logo and e-mail templates
- New printing and electronic advertising opportunities

As you can see, along with a new look for the BOC is a newly designed format and new name for your newsletter, now called AP Update. Inside you will find more details related to these topics and more.

Thank you to all BOC Approved Providers who renewed this year. Your commitment to the athletic training industry and quality continuing education (CE) events is greatly appreciated. It takes a team to fulfill the mission of providing exceptional credentialing programs for healthcare professionals to assure protection of the public. I think the BOC along with our trusted BOC Approved Providers make a great team. It is the BOC’s goal to raise the bar to make the athletic training industry a gold standard.

Please take a moment to become familiar with the outline of the revised Role Delineation Study, Sixth Edition/Practice Analysis to help develop the content for your next CE event. Show your commitment to ATs by understanding their industry standards so we can stand on common ground to ensure this mission. I hope you enjoy the new look of this newsletter and encourage your feedback so I can better serve you.

Educationally Yours,
Mindy Lindquist
Provider Relations Coordinator

Calculating CEUs

When issuing CEUs to ATs, it can be confusing when you deal with several different credentialing bodies. To calculate CEUs for ATs, calculate the total number of contact hours for the event and round to the nearest quarter hour. That’s it! No need to move the decimal point.

Did You Know…

- You can join the BOC LinkedIn group. It’s easy click here.
- The BOC wants to partner with you to give away home study courses at the NATA Annual Meeting this June in St. Louis. Let us know if you would like to donate a BOC approved home study to be given away as part of our drawing. If you will be at the NATA Annual Meeting, visit us at booth #1040. Contact Mindy Lindquist at MindyL@bocatc.org or (877) 262-3926 x119.
- The NEW BOC Approved Provider Logo
Results of Recent BOC Approved Provider Survey

The BOC thanks the BOC Approved Providers (APs) who participated in a recent satisfaction survey. We value your feedback so we can better serve you. The results of this survey revealed that an overwhelming number of APs are satisfied or very satisfied with BOC Approved Provider services:

The survey also revealed the following:

- 8.6% of APs that responded use the email list, mailing list or e-blast services available to them through the BOC
  - Majority of those that use these services do so 1-2 times a year
  - 96.7% are “Very Satisfied” or “Satisfied” with the delivery time of the leased lists
  - 81.1% find the list lease pricing to be competitive
- 34.8% utilize the online Calendar of Events
  - 89.9% have been “Very Satisfied” or “Satisfied” with this service
  - 85.6% found it “Easy” or “Somewhat Easy” to use
- 26.5% of APs indicated that they would be “Likely” or “Somewhat Likely” to use newly offered advertising opportunities

If you have any questions about the services you receive as BOC Approved Provider please feel free to contact Mindy Lindquist at MindyL@bocatc.org or (877) 262-3926 x119.
HAPPY ANNIVERSARY!

The BOC would like to formally recognize the following BOC Approved Providers who have provided exceptional continuing education opportunities to ATs for 15 or more years. We commend your efforts and appreciate your dedication to the athletic training industry. Congratulations!

3B Orthopaedics
A.T. Still University
Aaron Mattes
Academy for Sports Dentistry
Academy Medical Systems
ACIC Physical Therapy
ACSM - New England
ACSM - Southeast Chapter
Advances In Clinical Education
Akron General Sports & PT
Alabama Athletic Trainers’ Association
American College of Sports Medicine (ACSM)
American Fitness Professionals & Associates (AFPA)
American Medical Athletic Association
American Orthopaedic Society for Sports Medicine (AOSSM)
American Osteopathic Academy of Sports Medicine
American Physical Rehabilitation Network
American Physical Therapy Association (APTA)
American Physical Therapy Association (APTA) - AL
American Sports Medicine Institute
APTA - Indiana Chapter
APTA - Sports Physical Therapy Section
Aquatic Exercise Association
Aquatic Therapy & Rehab Institute, Inc.
Arizona Athletic Trainer’s Association
Arkansas Athletic Trainers’ Association
Association for Applied Sport Psychology (AASP)
Athletic Injury Seminars
Athletic Trainers’ Association of Florida
Athletic Trainers of Massachusetts, Inc. (ATOM)
Athletic Trainers of the SE Texas Coaches Association
Athletic Trainers’ Society of New Jersey
AthletiCo LTD.
Atlantic Coast Conference Sports Medicine Association
Aultman Hospital
Aurora Health Care
Back School of Atlanta
Barry University
Benefis Healthcare - Sports Medicine
Bowling Green State University - (MAC-Conference)
Brian Hauswirth P.T.
Burdenko Water and Sports Therapy Institute
C.H.E.K. Institute
CAATE
Cabarrus County Schools
California Athletic Trainers’ Association (CATA)
California University of Pennsylvania
Canadian Athletic Therapists Association (CATA)
Center For Orthopaedics and Sports Medicine
Center for Physical Rehab, Inc.
Central Connecticut State University
Chippewa Valley Orthopedics & Sports Medicine
Cincinnati Sportsmedicine Research & Ed. Found.
CJW Sports Medicine, LLC
Clemson Sports Medicine and Rehabilitation
Cleveland Clinic Sports Health
Club Industry Shows
College Athletic Trainers Society (CATS)
College of William and Mary
Community Health Network
Concorde Therapy Group, Inc.
Connecticut Athletic Trainers’ Association
Coordinated Health Systems
Cornell University
Dartmouth College
Davis Mountains Sports Medicine
Dayton Sports Medicine Institute
DCH Sports Medicine
Delaware Athletic Trainers’ Association
Desert Southwest Fitness, Inc. (DSW)
Duquesne University - Dept of Athletic Training Education
East Carolina University
East Texas Athletic Trainers’ Association
EATA - District 1 & 2
Education Resources
Essentia Health
Fairfax County Public Schools
Fairview Rehabilitation Services
Family Medicine Foundation
Florida Hospital Sports Medicine - Rehab
Happy Anniversary (continued)

Foot Management, Inc.
Frazier Rehab Institute
FWATA - District 8
Georgia Athletic Trainers’ Association
GLATA - District 4
Great Lakes Seminars
Great Seminars and Books Inc.
Greater Cincinnati Athletic Trainers’ Association
Gundersen Lutheran Medical Foundation
Hamot Sports Medicine Center/Hamot Health Foundation
Hand Rehabilitation Foundation
Harvard University Sports Medicine
Hawaii Athletic Trainers’ Association
HealthWorks Rehab & Fitness
Hope College
Hospital for Special Surgery
Human Kinetics
Idaho Athletic Trainers’ Association
IDEA Health & Fitness Association
Illinois Athletic Trainers’ Association
IMG Academies-Performance Institute
Indiana Athletic Trainers’ Association
Institute of Orthopaedic Manual Therapy
International Academy of Orthopedic Medicine - US (IAOM)
Iowa Athletic Trainers’ Society
Iowa Physical Therapy Association
Japan Athletic Trainers’ Organization (JATO)
JFK Johnson Rehab Institute
Jones Institute
Kean University Athletic Training Club
Kentucky Athletic Trainers' Society, Inc
Lafayette Orthopaedic Clinic
Lake Charles Memorial Hospital Sports Medicine
Long Island University
Louisiana Athletic Trainers’ Association (LATA)
MAATA - District 3
MAATA - District 5
Maine Athletic Trainers’ Association
Marquette General Hospital
Maryland Athletic Trainers’ Association
Massachusetts Assoc. of Health, PE, Rec & Dance
Mayo Clinic
McConnell Institute
Medical College of Wisconsin
Mercyhurst College
Methodist Sports Medicine/The Orthopedic Specialists
Miami Valley Hospital Sports Medicine Center
Michigan Athletic Trainers’ Society
Michigan State University
Minnesota Athletic Trainers’ Association
Mississippi Athletic Trainers’ Association
Mississippi State University
Montana Sports Medicine
Myofascial Release Seminars
National Academy for Continuing Education
National Athletic Trainers’ Association (NATA)
National Basketball Athletic Trainers’ Association (NBATA)
National Strength and Conditioning Assoc. - NSCA
Nevada Athletic Trainers’ Association
New York State Athletic Trainers’ Association
NH Musculoskeletal Institute
North American Seminars, Inc.
North Carolina Athletic Trainers’ Association
North Carolina Medical Society
Northeast Rehabilitation Health Network
Northeast Seminars
Nutrition Dimension
NWATA - District 10
OAA Orthopaedic Specialists
Ohio Athletic Trainers’ Association
Ohio State University Sports Medicine
Oklahoma Athletic Trainers’ Association
Oregon Athletic Trainers’ Society
Ortho Montana
OrthoCarolina
Orthopaedic Section, APTA, Inc.
Panorama Orthopedics & Spine Center
Peachtree Orthopaedic Clinic
Pennsylvania Athletic Trainers Society, Inc.
Perform Better
PFATS
PHATS
Professional Baseball Athletic Trainers’ Society (PBATS)
Professional Seminars, LTD
QUEST Seminars
Raleigh Orthopaedic Clinic
HAPPY ANNIVERSARY (continued)

Rebound Sports Medicine
Rehab Unlimited
Rehabilitation Institute of Chicago
Rhode Island Athletic Trainers Association
Richard Jackson Seminars
Ridgeview Medical Center
RMATA - District 7
Rockingham Memorial Hospital
Saint Francis Sports Medicine
Salisbury University
Scott Paschal, MD
SEATA - District 9
Select Medical Corporation
Select Physical Therapy - West Hartford
Shore Conference High School Athletic Trainers
Sole Supports, Inc.
South Carolina Athletic Trainers Association (SCATA)
South Dakota Athletic Trainers’ Association
Southeastern Orthopaedic Specialists Sprt Med Ctr
Southern California University of Health Sciences
Southwest General Health Center
Sports Medicine Concepts, Inc.
Sports Medicine Grant & Orthopaedic Associates
Sports Nutrition Workshop
Springfield College
St. Alexius Medical Center
St. Elizabeth Sports Medicine
St. John Health
St. Vincent Sports Medicine
Steadman Philippon Research Institute
Stride Physical Therapy, Inc.
Summa Health System - Center for Sports Health
Sun City Athletic Trainers Association
Susquehanna Health
SWATA - District 6
Tennessee Athletic Trainers’ Society
Texas Health Presbyterians Hospital Denton
Texas Panhandle Sports Medicine Society
The Center Foundation
The International Alliance of Healthcare Educators
The Mckenzie Institute, Inc.
The Orthopedic Specialty Hospital

The Sport Foundation
The West Coast Sports Medicine Foundation
Thompson Health
Trident Sports Medicine
TriHealth
Trinity Sports Medicine
Trover Health System Sports Medicine and Rehabilitation
UCLA Athletics
UCLA Extension
UHZ Sports Medicine Institute
University Hospitals of Cleveland Rehabilitation and
Sports Medicine
University of California - Sports Medicine
University of Delaware
University of Iowa
University of Massachusetts
University of Michigan - Medsport
University of Minnesota - Athletic Medicine
University of Minnesota - CME
University of Montana
University of North Carolina
University of North Dakota, Division of Sports Medicine
University of Vermont, Continuing Medical Education
University of Virginia
University of Wisconsin - Milwaukee, College of
Health Sciences
University of Wisconsin Sports Medicine Center
University Sports Rehabilitation
URSA Foundation
UT Health Science Center San Antonio
Vermont Association of Athletic Trainers’
Virginia Athletic Trainers’ Association (VATA)
Virginia Commonwealth University
Wellness Works
West Chester University
West Virginia Athletic Trainers Association (WVATA)
West Virginia University
Wisconsin Interscholastic Athletic Association
Work-Fit, Inc.
WorkWell Systems
Wyoming Athletic Trainers’ Assoc.
One Common Reporting Period for ATs and the BOC Calendar of Events

ATs report continuing education units (CEUs) to the BOC to maintain their ATC® credential. The BOC has made the following changes:

• CE reporting period
  o All ATs share one common CE expiration date: **December 31, 2013.**
  o **January 1, 2014,** marks the beginning of 2-year CE reporting periods.
  o All ATs will be required to submit 50 CEUs every two years, or by **December 31st** of each odd year.

• CE entry process
  o The look of the CE reporting form has changed. Now ATs do not have to find the CE event in the BOC system in order to report the credits.

What does this mean to you as a BOC Approved Provider?
Approved Providers can focus on submitting future events for the BOC’s online Calendar of Events. Past events will no longer be posted on the calendar. The BOC online Calendar of Events is a great resource for ATs to find events they want to attend to fulfill their continuing education requirements. Click here to submit your upcoming events.

BOC HOLIDAY HOURS

The BOC office will be closed for the following holidays:

- Independence Day | July 4, 2012
- Labor Day | September 3, 2012
- Thanksgiving | November 22-23, 2012

The BOC office will close at 3:00pm CT on Fridays during the summer.

New BOC Approved Provider Logo

The BOC is excited to present a NEW BOC Approved Provider logo. The sleek and professional design is representative of the high standard of continuing education that ATs expect from BOC Approved Providers. The remainder of 2012 will be a transition period to the NEW logo. As of January 1, 2013, please have all materials including brochures, website, certificates of attendance, etc. updated with the NEW logo. Attached to your emailed version of the newsletter, you will see the PNG and TIF format of the logo for your use. If you are not familiar with the different image formats, the TIF format is used for printing and the PNG for electronic usage (PowerPoint or website). Contact Mindy Lindquist if one of these formats does not meet your needs.
Meet Stacy Walker: Not Your Typical AT

When you think of the athletic training industry most think of those ATs on the football field and in the athletic training room but the realm of athletic training is expanding. Meet Stacy Walker, PhD, ATC, Clinical Coordinator at Ball State University.

Describe your setting
I am a tenured Associate Professor of Athletic Training at Ball State University in Indiana. Aside from teaching in our CAATE Accredited Athletic Training Education Program, I am the Clinical Education Coordinator. I receive release for my research and for the Clinical Education duties and teach 2-3 classes each semester. This spring, I am teaching Introduction to Athletic Training (1 credit), Organization and Administration of Athletic Training (2 credits) and Advanced Athletic Training (Graduate course, 3 credits).

Ball State University has me along with 2 other faculty, one doctoral assistant, four clinical staff and nine graduate assistant educators as well as over 15 off campus clinical sites.

How long have you worked in this setting?
I have been employed at Ball State University since August of 2004. In May of 2010, I assumed the role of Clinical Education Coordinator. Before Ball State University, I was an Assistant Professor and the Clinical Education Coordinator at William Patterson University from 2001-2004. During my doctoral studies, I also taught courses while supervising athletic training students and practicing clinically at the University of Southern Mississippi.

Describe your typical day:
I have two types of typical days: teaching/administrative and research/reading days. On teaching/administrative days, in addition to teaching, administrative tasks include attending the clinical staff meeting, meeting with our doctoral assistant, and attending our meeting with the entire athletic training teaching faculty. We have students who are engaged in clinical education on and off campus; therefore, I am often either receiving various forms (e.g., mid-practicum student evaluations, preceptor [clinical instructor evaluations], etc.) or communicating with those students or preceptors on those days as well. Any service (e.g., university, reviewing articles, committee work), site visits to off campus clinical sites, is also performed mostly on these days.

On reading/research days I am reading through literature to assist with my publication and grant writing and/or writing abstracts, presentations, publications or grants. I have three papers I am writing, performing data collection, and mentoring our doctoral student on a recently funded research project. I also am creating future research projects for myself and mentoring junior faculty.

What do you like about your position?
I love the involvement with the students. It's wonderful to see them grow and change over the course of the 3 years they are in our program. I also love to perform, publish, and present research as well as mentor our doctoral student and junior faculty.

What do you dislike about your position?
Unfortunately, I do not engage in clinical practice. I would love to be more involved and provide athletic training services to patients while educating students. Also, the administrative tasks can be time consuming.
Reach New Heights with the BOC’s Advertising Services

*Take advantage of everything the BOC has to offer you.*

We have the largest and cleanest list of ATs in the United States and internationally. Whether you are a researcher, employer, educational provider, retail vendor or BOC Approved Provider, we will help you succeed. Leave the stress of marketing to us with these services:

- MAILING LIST SERVICES
- PRINT ADVERTISING
- EMAIL LIST SERVICES
- CUSTOM DESIGN SERVICES
- WEB ADVERTISING
- SPONSORSHIP OPPORTUNITIES

Contact Mindy Lindquist at (402) 559-0091 or Sales@bocatc.org for your order form and package information.

FEATURED PROVIDERS

If you would like to be considered for recognition as a Featured BOC Approved Provider, please submit your advertisements, evaluations and certificates of completion for review. You can email your electronic promotional materials to MindyL@bocatc.org or mail your printed promotional materials to:

**Board of Certification**
Attn: Provider Relations Coordinator
1415 Harney St, Suite 200
Omaha, NE 68102-2205

BOC Approved Provider Statement

Company Name is recognized by the Board of Certification, Inc. to offer continuing education for Certified Athletic Trainers. This program has been approved for a maximum of (#) hours of Category A continuing education. Certified Athletic Trainers are responsible for claiming only those hours actually spent participating in the continuing education activity.

BOC Approved Provider Number: PXXXX Number of hours actually participated:_______

If your certificate of attendance does not include everything, not only will you be non-compliant with the audit, but you are not ensuring all your AT participants will receive the CEUs they expect. Take a moment to double check your certificate of attendance to Be Certain.™ you comply.

Your feedback on the AP UPDATE would be most appreciated. Thank you!

Mindy Lindquist, Provider Relations Coordinator MindyL@bocatc.org

Published by: The BOC and Mindy Lindquist, Provider Relations Coordinator MindyL@bocatc.org

The AP Update is published twice a year by the BOC to share information about the athletic training profession and to provide the most up-to-date news about the Approved Provider program. Unauthorized reproduction of the BOC’s articles is prohibited. Please contact the BOC for permission to reprint or use an article.